



# LISTEN UP!

Who is this? Even the wind and waves obey him!



**STEP 1** – Find the Gospel of **Mark chapter 4** in your Bibles...

**STEP 2** – Follow in the Bible and **listen up!**

## Getting started... ‘Feel’ the story

The disciples have just enjoyed a great day with Jesus. Now they’re going for an evening trip on the lake.

How do you think they felt? Frustrated  Contented  Happy

Then *slowly/suddenly* a *gentle/violent* storm came  
(cross out the words that are wrong)

Did the disciples feel in control  out of control

Think what they said to Jesus, verse 38



When Jesus spoke, what happened (verse 39)? (Explain in your own words)

They were afraid during the storm. But they were terrified when they saw what Jesus did. What do you think is more awesome? The storm or Jesus’ authority over the storm?

Put an X on the line where you think

The Storm \_\_\_\_\_ Jesus’ Authority

## Learning to Trust

According to Jesus, what was the real reason they were afraid? Look at verse 40

- They didn’t trust the sailors
- They didn’t like storms
- They didn’t trust (have faith in) Jesus

Do you think that after seeing what Jesus did they were More  or Less  likely to trust Jesus next time they were anxious or afraid?

Think about a time you were anxious . . .

Was it worse because you tried to solve the problem yourself and forgot to ask Jesus?

# Learning to Fear!

Complete the following (Hint: Look up Proverbs 9:10)

The F \_ \_ \_ \_ of the L \_ \_ \_ \_ is the beginning of W \_ \_ \_ \_ \_

Moses said to the people "Do not be **afraid**. God has come to test you, so that the **fear** of God will be with you to keep you from sinning" Exodus 20:20  
The **same word** is used for **afraid** and **fear**.

In the Bible there are two types of 'fear'. Bad fear, where we don't trust in God and Good 'fear' when we are in awe of who God is.

Draw arrows left or right to show whether it is Bad fear or Good fear

Bad Fear



Amazed at Jesus  
Frightened of the storm  
Worried about being punished  
Wish you loved God more  
Come to heavenly Father for comfort  
Thinking God is nasty and unforgiving

Good Fear



## Who is this?

How would you answer the disciples question? (verse 41) \_\_\_\_\_

Why did you give that answer? \_\_\_\_\_

*Discuss over lunch*

**Remember: When we 'Fear the Lord' we don't need to be afraid of anything else!**

**STEP 3 –During / After the preach...**



Have you got any questions about what you've heard? If so write them down...



What is God calling you to do? Write it down...



What do you need God's help with? Write it down...